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Effects of seasonal dynamics in a *Zostera noltii* meadow on phosphorus and iron cycles in a tidal mudflat (Arcachon Bay, France)

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ABSTRACT: A study was conducted in Arcachon Bay, France, to determine the effect of seasonal dynamics in a *Zostera noltii* meadow on P and Fe cycles in the superficial sediments of a tidal mudflat. The redox-sensitive Fe particulate pool and associated P in the root zone showed a seasonal variation following the growth and decay of *Z. noltii* biomass, with a maximum content during the growth period. In comparison, the bare sediments did not show significant seasonal changes. A dissolved inorganic phosphorus (DIP) uptake was measured from the water column to the sediment in vegetated sediments, whereas a net DIP efflux was observed in the unvegetated sediments. During the growth period, the formation of an iron oxihydroxide-rich zone occurred and acted as a trap for dissolved phosphorus, constituting a reserve of available P for eelgrass growth. At the periphery of the rhizosphere, a strong reduction of the sediment occurred during the growth phase, probably due to increasing organic matter inputs via the roots. The iron oxihydroxide dissolution releases Fe(II) and the recently bound phosphorus to the pore water, making it available for assimilation by the eelgrass roots for growth metabolism. Fe(II) is re-oxidized to solid Fe(III) forms depleted in P into the root zone, or re-precipitated below as sulphur forms. The highest P uptake occurs by this process, and the seasonal variations in redox-sensitive P stock are sufficient to support the annual *Z. noltii* P requirement. During the decline period, as the P plant demand and the oxic layer thickness drop, the unused released DIP pool supplies large amounts of DIP to the pore water and water column.

KEY WORDS: Nutrient · Eelgrass growth · Intertidal zone · Lagoon · Early diagenesis

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INTRODUCTION

Eelgrass meadows are considered as valuable components of coastal environment because of their fundamental role in trophic webs, biogeochemical cycles, and sedimentary processes (Phillips & Menez 1988, Hemminga 1998, Blanchet et al. 2004). The nutrients considered most limiting in meadow systems are nitro-

gen and phosphorus, which constitute major metabolic and structural components of eelgrasses (Duarte 1990, Walker et al. 2004). Eelgrasses are capable of absorbing nutrients from both the sediment and the water column, but it is assumed that root uptake dominates over leaf uptake in environments where nutrients are higher in pore water than in surface water (McRoy et al. 1972, Hemminga 1998, Holmer et al. 2006). Occa-

sionally, in P-rich waters or P-poor sediments, P uptake by leaves may exceed roots uptake (Perez-Llorens & Niell 1995, Gras et al. 2003, Holmer et al. 2006). The losses of seagrass habitats are commonly associated with increased eutrophication and degradation of the light environment of meadows (Hemminga 1998, Azzoni et al. 2001).

Due to eutrophication, the enhancement of primary production in water increases organic matter fluxes to the sediment (Welsh et al. 2000). Eelgrasses also export via photosynthesis high amounts of organic carbon into the sediments through their root-rhizome system (Kaldy et al. 2006), which fuels bacterial benthic respiration. These mechanisms enhance organic matter mineralization, in particular sulphate reduction, which is the dominant carbon-oxidation pathway in coastal marine sediment (Jørgensen 1982, Canfield & Thamdrup 1996). This induces anoxic conditions in the eelgrass rhizosphere and high sulphide production, which is toxic for seagrasses (Goodman et al. 1995, Lee & Dunton 2000, Hebert & Morse 2003). The oxygen diffusion from leaves towards the rhizome and roots helps to counteract the accumulation of free sulphides and to support their respiration. Part of this oxygen diffuses into the rhizosphere, where it strongly influences the diagenetic processes by reoxidation of reduced compounds, such as ammonium, dissolved metals, and sulphides (Isaksen & Finster 1996, Hemminga 1998, Jensen et al. 2005). The reoxidation rate can be 20 times higher in the rhizosphere of eelgrass meadow than in unvegetated sediment (Sand-Jensen et al. 1982, Frederiksen & Glud 2006). Thus, oxygen diffusion induces the formation of a Fe(III)-rich sediment layer close to the roots (Sundby et al. 1998, 2003). This Fe-oxide layer influences the phosphate availability in the interstitial water due to its high adsorption degree by reactive iron oxides, in particular in siliclastic sediments (Jensen et al. 1995). In addition, iron oxides and dissolved iron can react with free sulphides and precipitate as FeS and FeS₂ via a suite of redox reactions and remove free sulphides from the pore water (Azzoni et al. 2001, Hebert & Morse 2003) and release the phosphorus associated with iron oxides (Jensen et al. 1995, Anschutz et al. 1998, 2007). The dissolved P availability is thus indirectly linked to sulphur and iron cycling. A fraction of the phosphate released in the sediment can successfully reach the rhizosphere and the water column, stimulating pelagic primary productivity and eelgrass growth. To replace the dissolved phosphate that escapes, the sediment can release adsorbed phosphate to pore water (Sundby et al. 1992).

Thus, iron cycling and consequently phosphorus cycling may be correlated with the seasonal dynamics

in eelgrasses. In the present study, we describe the seasonal variations of phosphorus and iron distributions in sediment of a tidal mudflat in a temperate mesotidal bay, with emphasis on the annual dynamics in a *Zostera noltii* meadow. Biogeochemical parameters, such as mobile pools of P (dissolved inorganic P [DIP], Fe-bound P) and iron (dissolved reduced Fe, reactive Fe-oxides), particulate carbon and sulphur were measured in sediment to investigate the effect of seasonal changes in eelgrass biomass on P dynamics. The effect of eelgrasses on these distributions was assessed by comparison with an unvegetated part of the tidal mudflat at each key period of the meadow development: end of winter, spring, summer, end of summer and beginning of winter. To map the iron distribution around the rhizosphere and in unvegetated sediment during the growth period, we also used gel probe techniques (Jézéquel et al. 2007). Fluxes of DIP across the sediment-water interface were also studied at high tide during the dormancy and growth periods using benthic chambers (Thouzeau et al. 2007).

MATERIALS AND METHODS

Study area. Sampling was carried out in Arcachon Bay, a 156 km² mesotidal lagoon located on the French Atlantic coast (44° 40' N, 1° 10' W). The tide is semi-diurnal and the tidal amplitude varies from 1.1 to 4.9 m. Surface water temperature fluctuates annually between 1 and 25°C, and surface water salinity between 22 and 32. The landward part of the bay is affected by river inputs and underground freshwater discharges. At low tide, tidal channels drain large tidal flats (115 km²). *Zostera noltii* meadows cover 70 km² of these tidal flats, while *Z. marina* occupies only 4 km² (Auby & Labourg 1996, Blanchet et al. 2004). Due to the low mudflat slope, the intertidal area is exposed to the atmosphere for several hours during each semi-diurnal tidal period. The investigated site is located in the inner part of the lagoon, on a tidal mudflat ('Cassy') drained at low tide by small tidal channels which are not connected to a river. The tidal flat is characterized by a *Z. noltii*-covered part, which was referred to as Stn Z, and an area free of macrophytes called Stn N.

Sampling procedures. Biogeochemical dynamics of phosphorus and iron were investigated in triplicate sediment cores manually collected at each station using acrylic tubes (10 cm diameter, 20 cm length), in March, May, July, September, and December 2006. Sampling was performed at low tide and at noon. Cores were immediately sliced with 0.5 cm resolution for the top 2 cm, with 1 cm resolution in the 2 to 10 cm layer, and with 2 cm resolution down to the core bot-

tom. During this slicing process, the penetration depth of eelgrass roots was visually determined. For each level, a sub-sample was sealed in a pre-weighted vial under inert N_2 atmosphere and frozen for later chemical analyses of the solid fraction. Another sub-sample was centrifuged to extract pore water at 4000 rpm ($2280 \times g$) for 15 min under inert N_2 -atmosphere (to prevent oxidation), and filtered through acetate cellulose membrane ($0.2 \mu\text{m}$, MINISART). An aliquot of filtered interstitial water was immediately acidified to pH 1.6 with HNO_3 to prevent precipitation of reduced dissolved iron. A second aliquot was refrigerated at 4°C for DIP analysis. Eelgrass samples (5 replicates) were collected at Stn Z with randomly positioned cores (9.1 cm diameter, 15 cm length). The sediment slices were immediately washed on a sieve (1 mm mesh size). *Zostera noltii* individuals were well rinsed in the laboratory to remove salt and particles, and dried for 48 h at 70°C in order to estimate dry biomass (roots and leaves).

Gel and PVC probes. To improve our knowledge of iron and S(-II) sulphur dissolved species distributions in sediment pore waters, a device composed of a polyacrylamide gel thin-film (18 cm high, 5 cm wide and 0.4 mm thick) and a PVC (polyvinyl chloride) film was used as a sediment probe, as described in Jézéquel et al. (2007). Probes were deployed in May 2006 for 4 h at low tide in the superficial sediment of vegetated and unvegetated sites. The polyacrylamide gel layer was used as a DET (Diffusive Equilibration in Thin-films) device for 2D (2-dimensional) Fe(II) concentration determination, and as the diffusive layer of a DGT-like (Diffusive Gradients in Thin-films) device for sulphur species study. The accumulation layer of the DGT device consisted of a PVC film layer beneath the polyacrylamide layer. Iron determinations were performed by colorimetric methods using the ferrozine and imaging technique (Jézéquel et al. 2007). Image acquisitions were performed with a flatbed scanner on the more representative gel-PVC probes. Fe(II) concentrations were deducted from densitometry analysis of the magenta zones (ImageJ software 1.31, available at: <http://rsb.info.nih.gov/ij/>). The calibration curve was obtained by densitometry analysis of polyacrylamide gel pieces which were equilibrated in known iron (II) concentration solutions. Analysis of grey zones on the PVC layer provided a qualitative distribution of unidentified S(-II)-dissolved compounds related to the H_2S zone.

Benthic chambers. Measurements of DIP fluxes at the sediment-water interface were performed using benthic chambers as described in Thouzeau et al. (2007). Three replicate acrylic tubes (0.196 m^2) were gently pushed by SCUBA divers into the sediment in vegetated and unvegetated sites in March 2005 and

May 2006, when there was at least 80 cm of water on the mudflat. Acrylic hemispheres were secured to each base to trap a known volume of bottom water, varying from 36 to 50 l according to base insertion into the substrate. A series of incubations were carried out for 1 h 20 min to 5 h in daylight (clear chambers: 6 incubations) and in dark conditions (opaque chambers: 9 incubations). Homogenization of water inside the enclosure was provided by adjustable submersible pumps connected to waterproof batteries. As metabloc responses depend on hydrodynamics (Forja & Gomez-Parra 1998), water flow in each enclosure was adjusted to the minimum value (2 l min^{-1}), allowing stable measurements to be recorded by the probes. Water samples were collected in the chambers for DIP analysis at the beginning and end of the incubations using 500 ml polyethylene syringes. Outside water was admitted through a tap during sampling to avoid interstitial water release from the sediment. DIP concentrations were measured on a Technicon Autoanalyser II according to Tréguet & Le Corre (1975).

Core laboratory analysis. Dissolved inorganic phosphate and iron were measured in interstitial waters by colorimetric procedures 1 or 2 d after sampling with a precision of $\pm 5\%$ (Murphy & Riley 1962, Stookey 1970, Strickland & Parsons 1972). Sediment was freeze-dried and the weight loss was used to calculate water content after sea salt correction. The dried sediment was homogenized and kept for solid-phase analysis. An ascorbate reagent (57 mM ascorbic acid + 85 mM Na_3 -citrate + 298 mM $NaHCO_3$, pH = 8) was added to remove the most reactive Fe (III) phases (Fe_{asc}) and the associated phosphorus (P_{asc}) from the sediment (Kostka et al. 1994, Anschutz et al. 1998). Fe_{asc} can partly result from the oxidation of FeS during sample freeze-drying. A separate extraction was carried out with 1 M HCl to determine acid-soluble iron (Fe_{HCl}). This reagent was used to dissolve amorphous Fe oxides, FeS, Fe phyllosilicates and carbonates (Kostka et al. 1994). Phosphorus extracted with HCl (P_{HCl}) came from detrital and authigenic phosphate minerals, and from carbonates (Kostka et al. 1994, Anschutz et al. 2007). For both extractions, about 100 mg of dry sample was leached with 10 ml solution during 24 h while shaking continuously at room temperature. After each extraction, the samples were centrifuged and the Fe and P contents of the supernatant were determined spectrophotometrically using, as previously, the ferrozine and molybdate methods, in a mixture of reagents adapted for each sample matrix. Blank solutions were made with the leaching solutions and experienced the same treatment as the samples. The precision estimated from replicates was $\pm 5\%$ for P and $\pm 7\%$ for Fe. Particulate organic carbon (POC), total carbon, and total sulphur (TS) were measured on freeze-dried samples by

infrared spectroscopy using a LECO C-S 125 gas chromatography analyser. POC was measured after removal of carbonates with 2 M HCl from 50 mg of powdered sample. Particulate inorganic carbon (PIC) is the difference between total carbon and POC. The precision of these analyses was $\pm 0.01\%$ dry weight (DW).

RESULTS

Zostera noltii biomass and field observations

Sediment from Stns Z and N consisted of silty-mud material with $62 \pm 5\%$ of water content and was rich in organic matter (Table 1). The sediment surface was colonized by large numbers of the mud snail *Hydrobia ulvae*. Other abundant infauna included the oligochaete *Tubificoides benedii*, polychaetes (*Aphelochaeta marioni*, *Heteromastus filiformis*, *Melinna palmata*, *Pygospio elegans*, *Streblospio shrubsolii*), and bivalves (*Abra tenuis*, *Tapes philippinarum*), which heavily bioturbated the top layers of sediment. In the winter period (December to March), the *Zostera noltii* meadow was limited to a root-rhizome web, which colonized only the top 2 cm sediment layer in December and the top 4 cm layer in March. Except for a thin brown layer at the surface, the whole sediment column was grey-black, with numerous microzones reduced (darker), and released a strong odour of hydrogen sulphides. Similar observations were noted in the bare site for the same period. Organic carbon content, which was the main particulate carbon, was not significantly higher at Stn Z than at Stn N. At the beginning of the growth period, eelgrass biomass drastically increased, as shoots and leaves developed, from 22.9 g DW m⁻² in March to 135.2 g DW m⁻² in May (Table 1). During summer, the meadow regularly grew to reach 377.3 g DW m⁻² in September, and declining rapidly in

December (26.9 g DW m⁻²). During the growth season, the root system developed and colonized the sediment down to a depth of 6 cm, and an irregular red-grey layer developed (between 1 and 6 cm). The development of eelgrasses did not significantly increase the sediment organic carbon content compared with unvegetated sediments. POC concentrations were ca. 3.1 to 3.8% in the root zone of Stn Z vs. 3.1 to 3.5% at Stn N. However, a strong gradient in TS content appeared at Stn Z, between the upper sediments and underlying sediments (Table 1). In the deeper section, TS content was always higher at Stn Z than at Stn N, where it was constant over the whole sediment column (2.37 to 2.96%, maximum in September).

Phosphorus and iron profiles

Spatial heterogeneity

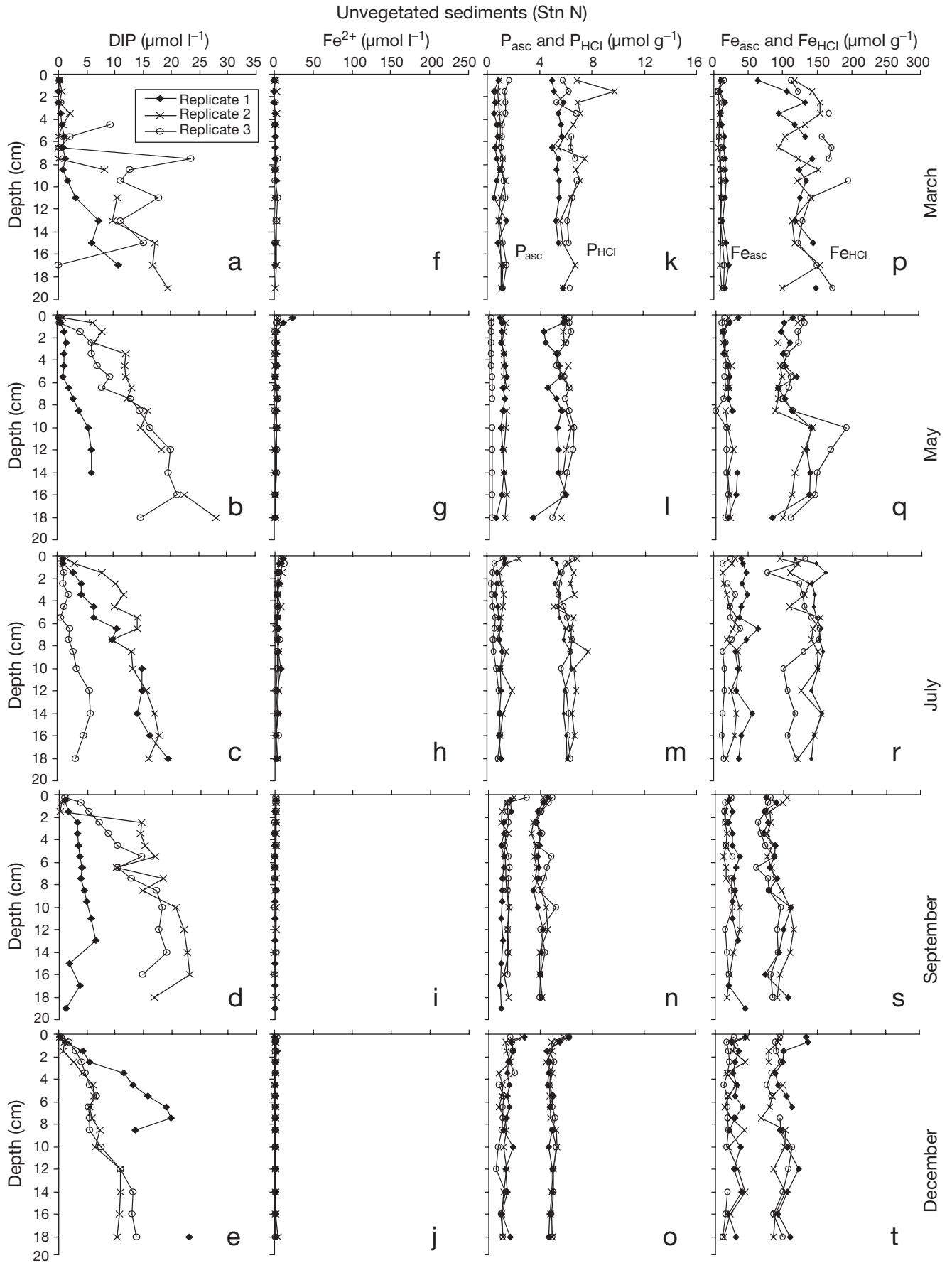
Intertidal sediments are known to be very heterogeneous because of their high degree of bioturbation (Hemminga et al. 1994, Leuschner et al. 1998, Lillebo et al. 2006), which complicates the interpretation of profiles. This spatial heterogeneity in the vegetated and bare sediment was investigated by making 3 replicate depth profiles of iron and phosphorus in 3 cores separated from each other by a distance of ca. 1.5 m (Figs. 1 & 2). Spatial heterogeneity of chemical species is commonly presented as the standard deviation (SD)

Fig. 1. Distributions of (a–e) dissolved inorganic phosphorus (DIP), (f–j) Fe²⁺, (k–o) ascorbate phosphorus (P_{asc}) and phosphorus extracted with HCl (P_{HCl}), (p–t) ascorbate Fe (Fe_{asc}) and iron extracted with HCl (Fe_{HCl}) in sediments from the unvegetated part of the tidal mud flat (Stn N) collected in March, May, July, September and December 2006. ◆: Replicate 1; ○: Replicate 2; x: Replicate 3

Table 1. Sediment characteristics of the 2 study sites (Stns Z and N) and total biomass of *Zostera noltii* at Stn Z (mean \pm SD; n = 5). For Stn Z, the values are arithmetic means of sub-samples taken from the 3 replicate cores for the section integrating the root maximum penetration depth (n = 9 to 21) and for underlying sediments (n = 24 to 36). For Stn N, the values are arithmetic means on the whole cores (3 replicates, n = 45). Samples were collected in March, May, July, September and December 2006. n: number of core sub-samples; DW: dry weight; POC: particulate organic carbon; PIC: particulate inorganic carbon; TS: total particulate sulphurs

Month	Stn Z						Stn N			
	Biomass (g DW m ⁻²)	Root zone (%)			Sediment (%)			Whole core (%)		
	POC	PIC	TS	POC	PIC	TS	POC	PIC	TS	
Mar ^a	22.9 (± 15.2)	3.83 (± 0.30)	0.25 (± 0.22)	1.81 (± 0.29)	3.44 (± 0.23)	0.20 (± 0.23)	2.58 (± 0.39)	3.09 (± 0.61)	0.12 (± 0.16)	2.37 (± 0.60)
May ^b	135.2 (± 17.6)	3.51 (± 0.28)	0.41 (± 0.33)	1.80 (± 0.32)	3.42 (± 0.33)	0.30 (± 0.26)	2.49 (± 0.42)	3.45 (± 0.32)	0.18 (± 0.36)	2.34 (± 0.38)
Jul ^b	272.4 (± 110.1)	3.28 (± 0.74)	0.36 (± 0.46)	2.33 (± 0.61)	3.43 (± 0.24)	0.21 (± 0.30)	2.67 (± 0.34)	3.15 (± 0.37)	0.20 (± 0.38)	2.71 (± 0.39)
Sep ^b	377.3 (± 97.5)	3.09 (± 0.30)	0.26 (± 0.29)	2.19 (± 0.45)	3.30 (± 0.23)	0.15 (± 0.29)	3.06 (± 0.42)	3.18 (± 0.35)	0.09 (± 0.14)	2.96 (± 0.47)
Dec ^c	26.9 (± 8.4)	3.22 (± 0.37)	0.11 (± 0.21)	2.62 (± 0.73)	3.42 (± 0.27)	0.30 (± 0.34)	3.43 (± 0.85)	3.23 (± 0.34)	0.10 (± 0.13)	2.50 (± 0.48)

^aRoot zone: 0–4 cm; sediment: 4–20 cm. ^bRoot zone: 0–6 cm; sediment: 6–20 cm. ^cRoot zone: 0–2 cm; sediment: 2–20 cm



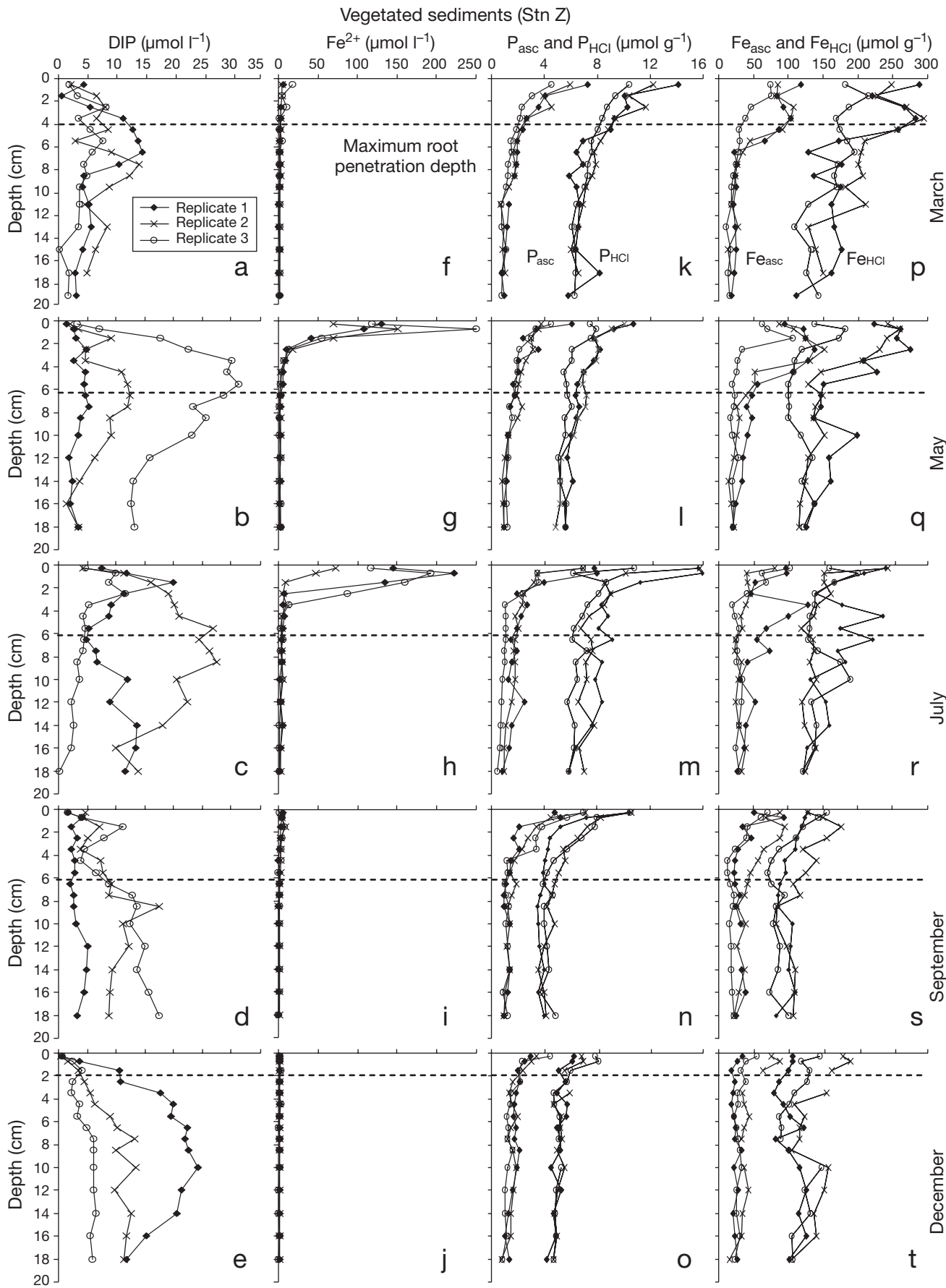


Fig. 2. Distributions of (a–e) dissolved inorganic phosphorus (DIP), (f–j) Fe^{2+} , (k–o) ascorbate phosphorus (P_{asc}) and phosphorus extracted with HCl (P_{HCl}), (p–t) ascorbate Fe (Fe_{asc}) and iron extracted with HCl (Fe_{HCl}) in sediments from the *Zostera noltii*-covered part of the tidal mud flat (Stn Z) collected in March, May, July, September and December 2006. Dashed horizontal lines indicate maximum penetration depth of eelgrass roots for each sampling period. ◆: Replicate 1; ○: Replicate 2; ×: Replicate 3



from the average concentration of the 3 replicate profiles vs. depth (Hebert & Morse 2003). According to our calculations on SD (data not shown), spatial heterogeneity was more pronounced within the root zone, particularly during the growth period (May to September), when the root-rhizome system was established, especially for the dissolved fraction, whereas the unvegetated cores show a lower degree of vertical variation (Fig. 1). During winter, a decrease in pore water heterogeneity occurred in vegetated sediment below the root zone and SD values were similar to those found in the unvegetated sediment. This high heterogeneity noted at Stn Z was probably also due to differences in macrophytes biomass between the sampling cores. Moreover, it has been demonstrated that species richness of macrofauna is higher in meadows than in unvegetated sediment because of a strong affinity of macrofauna for eelgrass (Blanchet et al. 2004). Thus, the bioturbation was more intense in vegetated sediment and reinforces the direct effect of *Zostera noltii* to create a high spatial heterogeneity.

Unvegetated sediment

From one sampling period to the next, chemical species profiles were very similar in the unvegetated sediment (Fig. 1). The DIP concentrations were below $1 \mu\text{mol l}^{-1}$ in the top 1 cm and increased regularly with depth down to 10 to $30 \mu\text{mol l}^{-1}$ below ca. 8 cm depth (Fig. 1a–e). The concentrations of dissolved iron were very low (3 to $5 \mu\text{mol l}^{-1}$) and constant in the whole cores, except in May and July, when a slight peak of about $25 \mu\text{mol l}^{-1}$ occurred in the top 2 cm (Fig. 1g,h). The content of ascorbate and HCl extractable P and Fe was stable throughout the entire cores. In March and May, particulate P values were close to 1 and $2 \mu\text{mol g}^{-1}$, and 4 and $5.5 \mu\text{mol g}^{-1}$ for P_{asc} and P_{HCl} , respectively. In July, September and December, particulate P concentrations showed a slight enrichment in superficial sediment (3 and $7 \mu\text{mol g}^{-1}$ for P_{asc} and P_{HCl} , respectively), but were constant deeper in the core (1.5 and $4 \mu\text{mol g}^{-1}$ for P_{asc} and P_{HCl} , respectively; Fig. 1m–o). Fe_{asc} concentrations ranged from 25 to $45 \mu\text{mol g}^{-1}$ over time, showing higher content of

Fe_{HCl} in March, May and July (generally 100 to $150 \mu\text{mol g}^{-1}$, Fig. 1p–r) than in September and December (generally 70 to $100 \mu\text{mol g}^{-1}$, Fig. 1s,t).

Vegetated sediment

Profiles of the chemical species showed large temporal and spatial variations (Fig. 2). DIP concentrations did not show a spatial and temporal trend below the root zone. A significant decrease in DIP concentrations was observed in the root zone toward the sediment surface. For example, DIP concentrations decreased from 15 – $20 \mu\text{mol l}^{-1}$ at 4 cm depth to 0.2 – $1 \mu\text{mol l}^{-1}$ below the interface in winter (Fig. 2a,e). During the growth period, the depletion was more pronounced, with DIP decreasing from 5 – $32 \mu\text{mol l}^{-1}$ at 6 cm depth to 1 – $4 \mu\text{mol l}^{-1}$ near the sediment-air interface (Fig. 2b,c). In March, Fe^{2+} concentrations showed a slight decrease from the first centimeters (6 – $18 \mu\text{mol l}^{-1}$) down to 4 cm (1 – $3 \mu\text{mol l}^{-1}$), and remained constant below that depth (Fig. 2f). In May and July, high values (70 to $250 \mu\text{mol l}^{-1}$) of dissolved iron were observed in the top 2 cm (Fig. 2g,h). In December, the concentrations were below $2 \mu\text{mol l}^{-1}$ and constant in the whole cores (Fig. 2j). The 3 replicate cores studied for particulate analyses exhibited maximum concentrations of ascorbate and HCl extractable P and Fe in the upper root zone (Fig. 2k–t). Particulate P decreased from the sediment surface to the zone of maximum root content depth from 4 – $8 \mu\text{mol g}^{-1}$ to 1 – $2 \mu\text{mol g}^{-1}$ for P_{asc} , and from 11 – $16 \mu\text{mol g}^{-1}$ to 6 – $9 \mu\text{mol g}^{-1}$ for P_{HCl} , and were constant below that zone. Phosphorus extracted with HCl comes from the fraction extracted with ascorbate, with an additional contribution of igneous, biogenic or authigenic phosphate minerals (Ruttenberg 1992). P_{HCl} distributions had shapes similar to those of P_{asc} with highest values, suggesting that the P_{HCl} profile came from the P_{asc} fraction, with the addition of detrital igneous and biogenic phosphate contents, which were constant in the cores. The content of ascorbate Fe increased during growth of *Zostera noltii* in the 2 to 4 cm sediment horizon from 75 to $115 \mu\text{mol g}^{-1}$ in March to 60 – $140 \mu\text{mol g}^{-1}$ in May (Fig. 2p,q). From July to December, the Fe_{asc} content was lower and decreased from the interface (ca. $100 \mu\text{mol g}^{-1}$) to the root maximum penetration depth (ca. $45 \mu\text{mol g}^{-1}$; Fig. 2r–t). Below the root zone, Fe_{asc} content was always constant and similar to that measured in unvegetated sediment (25 to $45 \mu\text{mol g}^{-1}$). The distribution of Fe_{asc} was consistent with the assumption that the ascorbate reagent extracted only poorly crystalline oxides (Kostka et al. 1994). Fe_{asc} content was highest near the surface and decreased

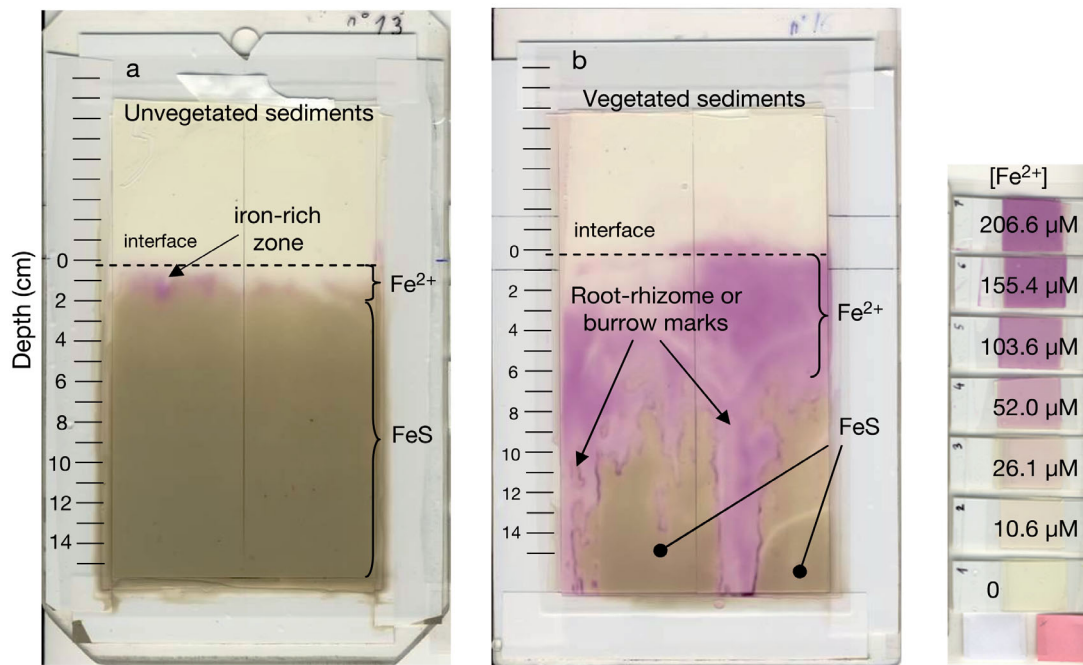


Fig. 3. 2D probes from (a) unvegetated sediment and (b) vegetated sediment in May 2006 (growth period) after a 12 min exposure to a ferrozine gel layer. Magenta: dissolved iron (II) distributions; light brown: sulphur distributions

below the oxic zones. Fe_{HCl} concentrations showed similar profiles with higher values than Fe_{ascr} , suggesting that seasonal variations in the particulate fraction were only due to variations in the ascorbate pool.

2D distribution of iron

Iron and sulphur 2D probes collected during the eelgrass growth period in vegetated sediments (Fig. 3a) and bare sediments (Fig. 3b) were scanned 12 min after reaction with ferrozine. The magenta zones correspond to dissolved Fe(II)-rich zones, while the light brown zones indicate FeS-rich layers. In unvegetated sediments, high dissolved iron zones were located mainly near the sediment-water interface. They constituted small spots (less than 1 cm^2) in the top 1 cm. Below, a homogeneous zone of FeS dominated. The vegetated site was characterized by an extended zone of dissolved Fe reaching from the sediment-air interface to 6 cm depth as measured on sediment cores (Fig. 2g). As shown by our SD calculations, this layer was marked by high vertical heterogeneities, probably due to the presence of burrows and root-rhizome systems. The FeS zone appeared immediately below the limit of root penetration depth. FeS distribution was also heterogeneous with the development of structures linked to the root-rhizome web, which were probably swept downward during the 2D probe installation.

DIP benthic fluxes

At high tide, DIP benthic fluxes showed significant differences between the vegetated and unvegetated sites (Fig. 4) and large seasonal variations. On vegetated sediments, a DIP efflux ($46.3 \mu\text{mol m}^{-2} \text{ d}^{-1}$) was measured in March 2005, but there was a large uptake in May 2006 ($-46.0 \mu\text{mol m}^{-2} \text{ d}^{-1}$). On unvege-

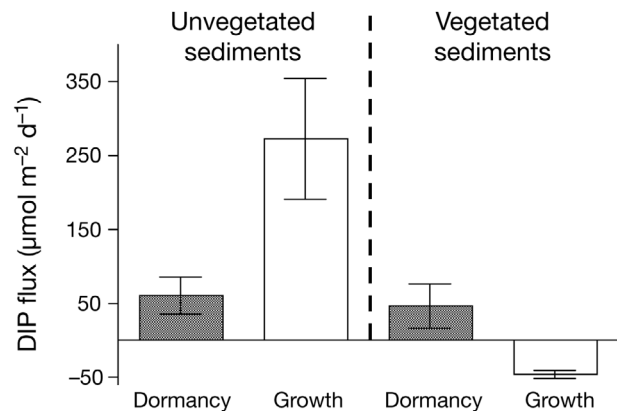


Fig. 4. Mean benthic fluxes of dissolved inorganic phosphorus (DIP) in Stn N (unvegetated sediments) and Stn Z (vegetated sediments) in March 2005 (*Zostera noltii* dormancy period) and May 2006 (growth period). Positive fluxes are oriented toward the water column, negative fluxes toward the sediment. Error bars indicate SDs calculated from dark ($n = 9$) and clear ($n = 6$) chamber experiments. DIP benthic fluxes were measured around high tide in daylight conditions

tated sediments, there was a high DIP efflux in March 2005 ($60.4 \mu\text{mol m}^{-2} \text{d}^{-1}$) and May 2006 ($272.5 \mu\text{mol m}^{-2} \text{d}^{-1}$). The high standard deviations associated with the mean fluxes emphasized small-scale spatial heterogeneity (less than 3 m separated 2 successive replicate chambers).

DISCUSSION

In Arcachon Bay, eelgrasses are perennial and their biomass typically follows the seasonal variations of temperature and light, with net growth during spring and net loss during winter (Perez-Llorens & Niell 1993, Auby & Labourg 1996, Azzoni et al. 2001). The *Zostera noltii* meadow showed a classical growth curve during spring and summer with a rate of 1.7 to $2.3 \text{ g DW m}^{-2} \text{d}^{-1}$ and reached a maximal biomass at the end of summer (Table 1). Because of a warm and sunny autumn in 2006, the meadows were maintained until November, but declined rapidly at the beginning of winter. During winter, the root-rhizome web remained in the top 2 to 4 cm of the sediments. However, the organic carbon content did not exhibit any significant differences between the meadow and bare sediments, which is in agreement with Holmer et al.'s (2006) results in Lillebælt sound. Stns Z and N are located in the inner bay at shallow depth (0.8 to 1.2 m), and resuspension events may homogenize the detritus pools and minimize the difference between the 2 study sites. Future studies on particle dynamics in the Arcachon Bay will examine this hypothesis. The results obtained in the present study also show that the presence of macrophytes has a major effect on sediment biogeochemistry in the root zone as observed for *Spartina* or *Thalassia* species meadows (Oremland & Taylor 1977, Sundby et al. 1998, Lee & Dunton 2000, Gribsholt & Kristensen 2002, Lillebo et al. 2006). The effect is mainly pronounced during the growth phase, whereas no significant difference could be noted between bare and vegetated sediments during the rest of the year or below the root zone (Figs. 1 & 2).

Iron and phosphorus dynamics in the root zone

At the end of winter dormancy, *Zostera noltii* initiates a new growth cycle and begins to produce new roots. The root zone sediment is then anoxic, as in unvegetated stations, with high concentrations of free sulphides or iron sulphides. During the growth period, the new roots infiltrate the anoxic sed-

iment for nutrient uptake (DIP and DIN), and more oxygen is available in the root zone than is needed for plant and microbe respiration (Isaksen & Finster 1996, Madureira et al. 1997). Oxygen in excess diffuses across the root tips to the interstitial water, where it seasonally reacts with reduced sediment components (Sundby et al. 1998, 2003). These latter studies on *Spartina maritima* and *Z. marina* showed that 2 distinct environments develop on a vertical scale during root growth: transient oxic microzones at the root vicinity, and a deeper anoxic sediment with redox conditions similar to those of unvegetated sediments. Previous studies on seagrasses (Smith et al. 1988, Hemminga 1998, Jensen et al. 2005) and the present study suggest that the same phenomena occur at a smaller scale in *Z. noltii* meadows. As reduced iron is present in interstitial water, oxygen diffusion into the root zone induces the formation of an important reactive oxide iron-rich layer in the sediment adjacent to the root zone (Fig. 2). Because of the rapid consumption of oxygen by the oxidation of Fe(II) to Fe(III) (Sundby et al. 2003), this iron oxide horizon develops quickly from the point in March when the first new roots penetrate the sediment (Fig. 2p,q). These iron hydroxides and oxihydroxides have a strong adsorption capacity for P (Anschutz et al. 1998, Cha et al. 2005). They rapidly store DIP from the pore waters and also from the water column as revealed by the high P_{asc} concentrations in the first 6 cm of the rhizosphere (Fig. 2k,l) and the high DIP fluxes towards the vegetated sediments at high tide (Fig. 4). Iron oxides precipitated in the root zone thus constitute a huge trap of DIP and a potential reservoir of P available for eelgrass growth (Table 2, $\text{Fe}_{\text{asc}}:\text{P}_{\text{asc}} = 21$ in March). Moreover, oxygen release is accompanied by an export of labile organic matter into the sediment via the root-rhizome web and eelgrass detritus (Kaldy et al. 2006, Papadimitriou et al. 2006). Dissolved

Table 2. Mean ratios (\pm SD) of ascorbate extractable Fe vs. ascorbate extractable P in the sediments and dissolved reduced iron vs. dissolved inorganic phosphorus (DIP) in pore water from *Zostera noltii* meadows (Stn Z) and unvegetated sediments (Stn N) in Arcachon Bay. Mean values are indicated for the root zone, underlying sediments (Stn Z), or the whole core (Stn N). An additional mean ratio was calculated from the ratios found in Thau lagoon and the continental margin and slope sediments for comparison (Anschutz et al. 1998, Cha et al. 2005). PP: particulate pool; DP: dissolved pool

Month	Vegetated sediment				Unvegetated sediment		Marine sediments
	Root zone		Sediment		Whole core		
	PP	DP	PP	DP	PP	DP	
Mar	21 (± 4)	2 (± 1)	20 (± 2)	1 (± 1)	12 (± 3)	1.5 (± 1)	
May	32 (± 3)	14 (± 4)	21 (± 4)	1 (± 1)	16 (± 2)	4 (± 4)	
Jul	26 (± 8)	7 (± 7)	20 (± 10)	1 (± 1)	24 (± 8)	2 (± 2)	10 (± 4)
Sep	18 (± 7)	1 (± 1)	22 (± 5)	1 (± 1)	16 (± 6)	1 (± 1)	
Dec	17 (± 2)	2 (± 1)	20 (± 4)	1 (± 1)	19 (± 4)	1 (± 1)	

organic carbon pools in pore water increase with increasing plant density (Smith et al. 1988), which enhances bacterial activity. Thus, during the growth phase and photosynthesis, increasing anoxic respiration processes may occur at the periphery of the rhizosphere. The early diagenesis induces reduction of the iron oxides, which may release high loads of dissolved iron and associated phosphorus. The molar $\text{Fe}_{\text{asc}}:\text{P}_{\text{asc}}$ ratio in the root zone increased to 32 in May (26 in July, Table 2). These ratios are lower than those found in marine sediments (Anschutz et al. 1998, Cha et al. 2005), which reveals the occurrence of sorption processes and an unsaturation of iron oxides with phosphorus within the root zone. As for dissolved reduced iron, this phosphorus should be found in interstitial water. However, no significant change was observed in DIP concentrations in the rhizosphere, while a peak in reduced iron was found (Fig. 2b,c,g,h). The Fe:P ratio of pore water increased from 2 in March to 14 in May (7 in July), suggesting a fast assimilation of the released DIP by eelgrass roots for the growth processes, inducing the low DIP concentrations noted in the high root density zone, and a stimulated iron reduction. The dissolved iron re-precipitates to Fe(III) oxides under oxic conditions (Fig. 2r,s) and can re-adsorb DIP. Similar patterns have been found in other studies during the growth period, where the DIP pool in the root zone of eelgrass meadows was lower than in unvegetated sediment, thus reflecting an uptake by the plants (Azzoni et al. 2001, McGlathery et al. 2001, Holmer et al. 2006). Below the rhizosphere, Fe(II) is exposed to a reduced environment, and precipitates as FeS and possibly pyrite (Fig. 3). This hypothesis is supported by the gel probes, while previous studies propose that excretion of organic matter directly from the plants also results in high sulphides concentrations by enhancing sulphate reduction (Blackburn et al. 1994, Isaksen & Finster 1996, Holmer & Nielsen 1997). In unvegetated sediments, iron oxide reduction induces a high DIP efflux (Fig. 4). From the end of summer to winter, the meadow rapidly declines due to light competition at high tide, irradiance decrease, and lethal effects associated with the fast sulphide accumulation (Auby & Labourg 1996, Hemminga 1998, Azzoni et al. 2001). Organic matter inputs to the sediment gradually increase, whereas the oxygen supply to the sediment by the roots and nutrient uptake by the plants decrease. An intensification of anaerobic processes should occur, including iron oxide and sulphate reduction. Indeed, in *Ruppia cirrhosa* meadows Azzoni et al. (2001) observed the presence of highly reducing conditions and high sulphide concentrations in the pore water of the root zone in the period prior to the biomass decay. The iron oxide layer and root zone thickness drop, and dissolved reduced iron rapidly reacts with

the reduced sulphur to form an increasing pool of precipitated reduced sulphides (Table 1) (Holmer & Nielsen 1997). This should induce a DIP efflux from vegetated sediments during autumn and winter. Sedimentary P pools and Fe:P ratios in the reactive particulate phase and dissolved phase decrease and reach constant values similar to those measured in unvegetated sediments (Table 2).

Available P stock and *Zostera noltii* dynamics

Perez-Llorens & Niell (1993, 1995) determined phosphorus uptake rates by leaves and roots of about $100 \mu\text{mol P g DW}^{-1} \text{d}^{-1}$ for *Zostera noltii* during the growth period. The investigated meadow showed an average growth rate of $2.1 \text{ g DW m}^{-2} \text{d}^{-1}$ from March to September. This corresponds to a daily average theoretical P requirement of about $209 \mu\text{mol P m}^{-2} \text{d}^{-1}$, or an annual P demand of about $44 \text{ mmol P m}^{-2} \text{yr}^{-1}$ (when extrapolated on the whole growth period). The DIP concentration in Arcachon Bay waters was very low at high tide from March to October (below $0.5 \mu\text{M}$, data not shown), while the meadow, located in the inner bay, emerged several hours per day. The highest P uptake may occur through the roots, not through leaves (Holmer et al. 2006), and sedimentary redox-sensitive pools represent the most important P stock for growth. Assuming a root zone circumscribed to the first 6 cm of sediment, the annual dynamics of the particulate redox-sensitive P pool (P_{asc}) can be estimated and compared with the unvegetated site (Fig. 5). In meadow sediments, this available P fraction increases from 90 mmol m^{-2} during the dormancy period (December) to 149 mmol m^{-2} during the growth period (in July) by binding processes with precipitated iron oxides, as described in the preceding paragraph. According to these calculations, these adsorption processes correspond for this period (7 mo) to an increase

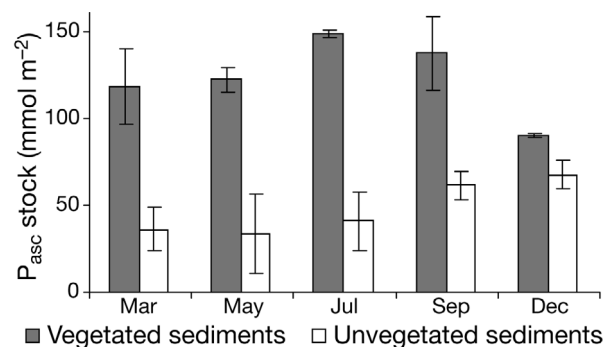


Fig. 5. Seasonal dynamics of the available P stocks (redox-sensitive P pool, extracted by ascorbate, P_{asc}) in the top 6 cm of sediments at Stn Z (vegetated sediments) and Stn N (unvegetated sediments). Error bars indicate SDs ($n = 21$)

rate of the redox-sensitive P pool of $281 \mu\text{mol P m}^{-2} \text{d}^{-1}$, and this pool is formed by a DIP uptake from pore water (Figs. 2 & 6) and from the water column at high tide ($46 \mu\text{mol P m}^{-2} \text{d}^{-1}$, Figs. 4 & 6). This P reserve is thus sufficient to support the annual P eelgrass demand, without signs of P limitation. However, Holmer et al. (2006) indicated that P limitation could

occur if the P release from the particulate reactive pool is too slow to support maximum growth rates. In winter, plant assimilation drops and the redox-sensitive particulate P pool continues to decrease indirectly through the autochthonous organic matter degradation processes (e.g. reduction of iron oxides), inducing a DIP efflux from the sediment to the water column at

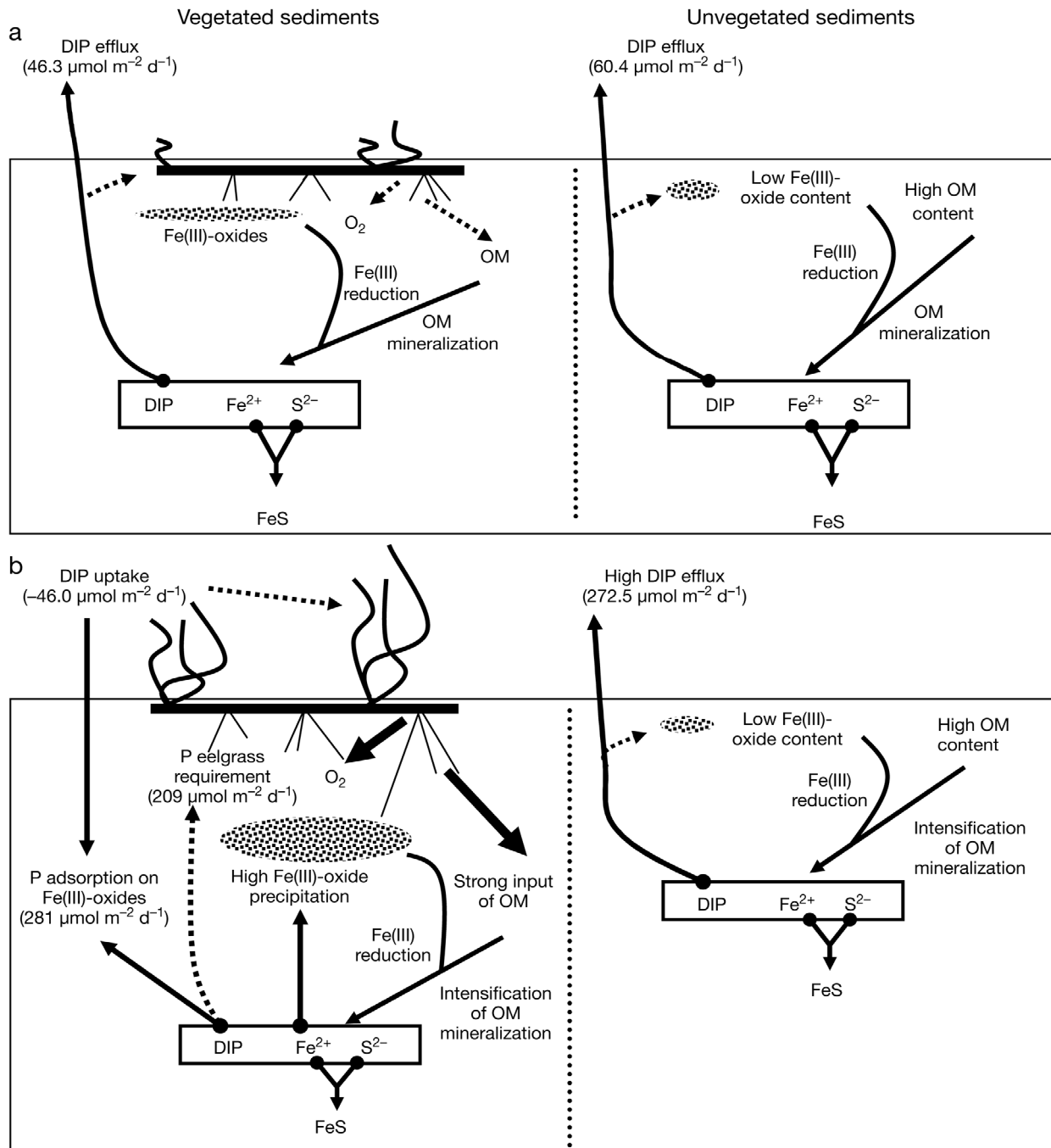


Fig. 6. Schematic representation of the P-Fe seasonal dynamics in the *Zostera noltii* meadow. (a) Dormancy period (e.g. December); (b) growth period (March to September). Fluxes to or from the water column were measured during immersion time (see Fig. 4). DIP: dissolved inorganic phosphorus; OM: organic matter

high tide during the dormancy period (Figs. 4 & 6). In unvegetated sediments, the environment stays strongly anoxic throughout the year, and the DIP efflux is also observed all year long. However, the benthic chamber measurements show that the DIP efflux drastically increases during the growth period (Fig. 4), probably by intensification of the mineralization processes and low Fe(III)-oxides precipitation during summer. Our data allow us to estimate that the redox-sensitive P pool decreases from 67 mmol m⁻² in December to 34 mmol m⁻² in May (Fig. 5), which represents a theoretical daily DIP release to pore water of about 220 μmol m⁻² d⁻¹. This value is in agreement with our benthic chamber measurements in May (272.5 μmol m⁻² d⁻¹, Fig. 4).

In Arcachon Bay, *Zostera noltii* meadows cover an area of 70 km² with total production estimated at approximately 35.6 10⁹ g DW yr⁻¹ (Auby & Labourg 1996), corresponding to a total P eelgrass requirement of ca. 3600 kmol P yr⁻¹. When extrapolating the available particulate P stocks measured in sediment of the meadow to the whole bay meadow, the interaction between the seasonal eelgrass dynamics and adsorption processes on iron oxides could provide at least about 4100 kmol yr⁻¹ of P available from the redox-sensitive pool. This indicates that the eelgrass root cycle influences sediment redox properties, which act as a huge sink of DIP for the water column during spring. Then, the trapped P is on the whole sufficient enough to support the P requirement for *Z. noltii* growth. Thus, during the meadow decay period, the unused P reserve could supply large amounts of DIP from the sediment to the pore water and diffuse to the water column.

The eelgrasses annual growth cycle is a dominant control of the redox chemistry of the surface sediment and consequently of phosphorus-iron cycles. The sediment oscillates from an oxic state near the eelgrass roots during the growth phase, to a completely reduced state at the periphery of the rhizosphere in the spring–summer or in the whole sediment layer during winter. During the growth season, roots provide oxygen to the sediments, and large amounts of water column and pore water DIP precipitate together with Fe(III)-oxide formation. The increasing loads of autochthonous labile organic matter released by roots to the sediment also induce a root zone with heterogeneous redox properties. Through these intense early diagenetic processes close to the roots, P from the redox-sensitive pool is released again, providing a sufficient source of DIP to eelgrasses essential for their growth, while Fe(II) reprecipitates with free sulphides in anoxic zone, or in the form of Fe(III)-oxides depleted in P in the root zone. Thus, while the meadow sediments act as a huge sink of DIP for the water column during the growth period,

the opposite trend is observed in unvegetated sediments, where a net efflux of DIP to the water column is found due to mineralization processes. Therefore, the ratio between meadow surface and unvegetated surface is a major control parameter for the mass balance of phosphorus in the studied coastal lagoon.

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