Early to mid-Holocene climate change at Lago dell’Accesa (central Italy): climate signal or anthropogenic bias?

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Abstract

Despite the high potential of pollen records for climate reconstruction, pollen–climate relationships may be biased due to past and present human activities on the landscape. We use (i) transfer functions based on modern pollen–climate relationships to infer seasonal temperature and summer precipitation for the period 11 500–4500 cal. a BP and (ii) lake-level change records based on different sedimentary proxies in multiple cores that are mainly indicative for summer hydrology at Lago dell’Accesa (central Italy). Quantitative reconstructions indicate lowest summer precipitation during two phases (8500–7700 cal. a BP and after 6000 cal. a BP) and a gradual winter temperature increase from 11 500 to ca. 8000 cal. a BP. Lowest summer precipitation was reconstructed during these phases characterised by vegetation shifts from open forests dominated by summergreen oaks (Quercus) to forests dominated by evergreen oaks (Quercus ilex), which are at present most abundant where summer drought is stronger. Similarly, the lake-level record indicates two long-lasting low summer precipitation phases (8800–7700 and 6400–4400 cal. a BP) that were interrupted by short-term high summer precipitation events. Based on the broad agreement between the pollen-inferred summer precipitation and the low-frequency lake-level changes, we suggest that the duration of the high summer precipitation events may have been too short to maintain drought-sensitive trees, which may have been affected by high mortality rates when summer dry conditions returned. Although past and modern pollen–climate relationships may very likely have been affected by human activities since the Neolithic (i.e. when exploitation of the landscape started), we reject the hypothesis of a significant anthropogenic bias in the pollen-based climate reconstruction. In addition, we suggest that pollen-based and lake-level reconstructions may have different inherent abilities of capturing high- and low-frequency precipitation signals.

Introduction

The understanding of long-term climate dynamics requires quantitative records of past climates that exceed the timescales of the available instrumental and documentary records. Quantitative reconstructions of temperature and precipitation based on pollen assemblages are widely available (e.g. Bartlein et al., 1984; Huntley and Prentice, 1988; Guiot et al., 1993; Lotter et al., 2000; Seppä and Birks, 2001) and have been used to reconstruct climate change over large spatial scales (e.g. Peyron et al., 1998; Davis et al., 2003) or to compare reconstructions with GCM (General Circulation Model) outputs (e.g. Diffenbaugh and Sloan, 2004; Wiersma and Renssen, 2006; Allen et al., 2008; Donders et al., 2010). Often such reconstructions are based on a single
palaeoclimatic proxy (i.e. pollen) or focus on specific climatic variables, usually temperature. However, in order to provide a more coherent picture of past climate dynamics, it may be necessary to use a combination of proxy records to cross-validate climate reconstructions and to reconstruct different components of the climate system (e.g. Giesecke et al., 2008). In addition, one major concern when using pollen records to reconstruct past climates is that the past and the present-day pollen–climate relationships may be affected by factors other than climate, for example by human activities (Howe and Webb, 1983; Birks and Seppä, 2004; Jacques et al., 2008). While this may only be a minor problem for calibrating pollen–climate relationships and for reconstructing Holocene climate changes in regions that were not significantly affected by human disturbance (Seppä and Bennett, 2003), such as in Fennoscandia (e.g. Seppä and Birks, 2001) or North America (e.g. Jacques et al., 2008), it might be an important factor for the Mediterranean region, where intense human activities such as deforestation, man-made forest fires and agriculture started several millennia ago (Roberts, 1998). Although this is a largely ignored problem in pollen–climate inference models (for discussion see Seppä and Bennett, 2003; Birks and Seppä, 2004), reconstructions based solely on modern pollen–climate relationships from the Neolithic onwards should be interpreted with caution.

Several vegetation-independent palaeoclimate reconstructions suggest marked changes in the water balance on the borderlands of the Mediterranean Sea (Reed et al., 2001; Digerfeldt et al., 2007; Zanchetta et al., 2007; Finsinger et al., 2008; Roberts et al., 2008; Magny et al., 2009). Among the many factors influencing changes in vegetation, summer precipitation ($P_{smr}$) was very likely a dominant and ecologically meaningful climatic parameter for biome changes at low altitude in the Mediterranean region (e.g. Magny et al., 2007a; Tzedakis, 2007; Colombaroli et al., 2009; Noti et al., 2009; Tinner et al., 2009). Here we focus on the cross-validation of palaeoclimate reconstructions at Lago dell’Accesa, a lake located at low altitude in central Italy. Seasonal temperatures and precipitation were reconstructed based on modern pollen–climate relationships for the early to mid Holocene (ca. 11 650–4500 cal. a BP). The pollen-based climate reconstructions were then compared to two high-resolution records of lake-level change at Lago dell’Accesa: (i) the ‘synthesis lake-level change record’ that was compiled based on multiple evidence from four sediment cores taken along a transect perpendicular to the lakeshore (Magny et al., 2007a); and (ii) the lake-level change record from only one of these sediment cores (AC3/4), which offered the highest temporal resolution (Magny et al., 2006) and which highlights the low-frequency (millennial-scale) trends. These lake-level records are assumed to be mainly indicative for changes in summer hydrology because the reconstruction is based on the abundance of macroscopic carbonate concretions that are formed during the summer season (Magny, 1998).

This period includes the late Palaeolithic and Mesolithic period (11 650–8000 cal. a BP), when human impact on the landscape is assumed to be minor or negligible compared to the period from the Neolithic onwards. Hence our approach may be useful to observe potential biases in pollen-based reconstructions, considering human impact to be present already since the onset of the Neolithic (ca. 8000 cal. a BP; Malone, 2003; Turney and Brown, 2007), when agricultural activities and exploitation of the landscape started in the region (Bellini et al., 2008).
Material and methods

Site description and previous studies

Lago dell’Accesa (42° 59.33′ N, 10° 53.83′ E; 157 m above sea level; Fig. 1) is a karstic lake (surface: 0.16 km²) surrounded by hills up to 300 m high. In summer 2005, when the seismic survey was made (Fig. 1), the lake had a maximum water depth of 37.5 m. The modern lake level is slightly lower than the maximum natural lake level because a small trench (∼0.5 m deep) was built to drain the lake at the outlet (Magny et al., 2007a). The regional climate is Mediterranean, with a mean annual precipitation of ∼700 mm which is lowest in summer (∼100 mm) and highest in winter (∼190 mm) and autumn (∼250 mm). Mean annual temperature is 15°C, and the mean July and January temperatures are 24 and 7°C, respectively (Finsinger et al., 2007).

Sediments of Lago dell’Accesa have been intensively studied in the framework of multi-proxy and multi-archive palaeoecological investigations including pollen, microscopic charcoal and sedimentological analyses from lake and peat deposits (Magny et al., 2006, 2007a,b; Drescher-Schneider et al., 2007; Colombaroli et al., 2008, 2009; Vannière et al., 2008). At the coring site AC05 (lake centre, 35 m water depth in summer 2006, Fig. 1), where sediments consisted of light-brown to dark-grey silty gyttja (Matter, 2005; Vannière et al., 2008), pollen analyses were carried out (Colombaroli et al., 2008).

Pollen-inferred climate

January and July mean temperature (TJan and TJul), as well as mean summer and winter precipitation (Psmr and Pwin), were reconstructed using weighted averaging partial least squares (WA-PLS) inference models as implemented by the program C2 v. 1.5.1 (Juggins, 2003). The reconstructions are based on the entire pollen dataset of a modern training set of 79 surface samples from the Italian Peninsula (Finsinger et al., 2007). Interestingly, the model performed well in cross-validation tests with modern climate observations, despite a history of long-term human impact that disrupted the natural vegetation. All pollen percentage values were square-root transformed before applying inference models. Because the amplitude of centennial-scale changes is smaller than the uncertainties of the reconstructions (estimated standard errors of prediction (eSEP)), major multi-centennial trends were extracted by smoothing the reconstruction using a loess function (locally weighted regression; Cleveland and Devlin, 1988). Directional changes of pollen assemblages through time were assessed by passively including fossil pollen samples in a canonical correspondence analysis (CCA) of the modern pollen and climate data (e.g. Bigler et al., 2002; Larocque and Finsinger, 2008). In addition, reliability of inferences was assessed following Birks et al. (1990) by using two criteria: (1) goodness-of-fit to an environmental variable; and (2) analogue measures. Goodness-of-fit was estimated using the squared-residual distances of modern samples to the first CCA axis that was constrained to the environmental variable of interest. Fossil samples with residual distance equal to or larger than the residual distance of the extreme 5% of the modern training set samples were considered to have a ‘very poor’ fit to the environmental variable. To identify fossil pollen assemblages with poor modern analogues in the modern training set we used chi-square distance (χ²) and squared-chord distance (SCD) as dissimilarity coefficients (Prentice, 1980; Overpeck et al., 1985). Fossil samples with a minimum χ² greater than the extreme 5% of the χ² distribution for comparison between all the modern calibration samples were considered to have no ‘good’ modern analogue. All CCAs were carried out with CANOCO v. 4.5 (ter Braak and Smilauer,
Lake-level change reconstruction

The reconstruction of Holocene lake-level fluctuations at Lago dell’Accesa (Magny et al., 2007a) relies on the comparative sediment analysis of four sediment cores (AC3/4, AC5, AC6 and AC7) taken along a transect perpendicular to the lakeshore (Fig. 1). Core AC1/2 was not analysed because it presented similar lithological changes to the AC3/4 cores. The analysis combines several markers, including sediment lithology, grain size and the abundance of macroscopic carbonaceous components (Magny, 1998, 2006). Analyses of surface samples in carbonate lakes (Magny, 1998, 2006) have shown that peat deposits correspond to overgrowing processes (shore area), whereas lake marls accumulate at lower water depths. In particular, oncolites and tufa concretions dominate from 0 to \( \sim 1 \) m water depth; high abundance of tube-like concretions develops in association with the Characeae belt at the extremity of the littoral platform, i.e. at \( \sim 4–5 \) m water depth in the case of Lago dell’Accesa (Magny et al., 2007a).

The analysis of four cores along the transect perpendicular to the shore allowed for the reconstruction of the geometry of the layers. It also permits (1) detection of sediment hiatuses (geometric unconformities) resulting from erosion or non-deposition (lake-level lowering) and (2) observation of lateral variations in the sediment facies informative for the reconstruction of water depth in the past deposition environments. For each individual core, a relative lake-level change record (‘dimensionless’) has been subsequently reconstructed based on the ratio between indicators of lower vs. higher lake-level conditions. The synthesis lake-level change record (‘quantitative’, in metres with modern lake level set at zero) has been established based on the evidence of relative fluctuations in all individual cores.

Chronologies

The chronology of core AC05 is based on a depth–age model (described by Vannière et al., 2008) that was developed using 12 accelerator mass spectrometry (AMS) \(^{14}\)C dates measured on terrestrial plant macrofossils (wood, bud scales, leaves and charcoal). Uncertainties in the age estimates of the model comprise, on average, ca. \( \pm 390 \) a (2\( \sigma \)) for the sediment section used in this study.

The chronology for the lake-level change record is based on 43 AMS \(^{14}\)C dates measured on wood or on peat from the four sediment cores (AC3/4, AC5, AC6 and AC7) and on four Holocene tephra layers identified in cores AC3/4 (Magny et al., 2007a). Depth–age models for the individual cores were developed using mostly a linear interpolation between calibrated ages within the 1\( \sigma \) band of the calibration uncertainties (Magny et al., 2006). Stratigraphic correlations between the sediment profiles of cores AC3/4, AC5, AC6 and AC7 were established based on (i) the calendar ages of calibrated radiocarbon dates and of tephra layers, and (ii) changes in the lithology and the sediment composition as highlighted by sediment analysis. Although no explicit uncertainties in the age estimates for the lake-level change record are available, we can approximate them to be at least as large as the mean 2\( \sigma \) range width of calibrated \(^{14}\)C dates (ca. \( \pm 130 \) a).
Results

Pollen-inferred vegetation dynamics

At Lago dell’Accesa, early Holocene pollen assemblages (11 500–10 700 cal. a BP) were dominated by Pinus and summergreen Quercus, with high abundances of grass pollen (Fig. 2), indicating a parkland landscape (Ac05-1). This gradually changed around 10 700 cal. a BP into a summergreen Quercus-dominated woodland, with small amounts of Abies, Corylus, Fraxinus and Erica-type shrubs until 8500 cal. a BP (Ac05-2), though open land continued to decrease gradually, as suggested by increasing arboreal pollen until ca. 8000 cal. a BP. Two distinct expansion phases of Quercus ilex (evergreen oak) occurred: (i) from 8500 to 7700 cal. a BP; and (ii) from 6000 to 5500 cal. a BP (Ac05-3 and Ac05-5). These two phases were separated by a period with a more open landscape, as inferred from higher abundance of herb and shrub pollen (e.g. Poaceae and Erica arborea), and with dominance of summergreen Quercus (Ac05-4). Scattered grains of pollen indicative of agriculture (Secale and Cerealia-type) indicate that farming activities occurred in the vicinities of the lake after ca. 7300 cal. a BP. Hence, if the opening of the forests at ∼7700 cal. a BP was caused by human activities, then earliest signs of human impact on vegetation started slightly earlier than the first occurrence of pollen indicative of agriculture.

Pollen-based climate reconstructions

$T_{\text{an}}$ rapidly increased during the early Holocene from ∼19° to ∼21°C, levelled off between 10 000 and 6400 cal. a BP and thereafter increased to ∼22°C (Fig. 3). Although $T_{\text{an}}$ broadly parallels the $T_{\text{an}}$ main trends, it reached a first local maximum (∼5°C) at ca. 8500–8000 cal. a BP, then levelled off to slightly lower values (∼3.5°C) between 7500 and 6500 cal. a BP and increased, reaching a second local maximum (∼6°C) between 6000 and 5500 cal. a BP. $P_{\text{an}}$ increased between 11 000 and 10 000 cal. a BP, levelled off until 9000 cal. a BP and subsequently increased again during two phases dated to 9000–7600 and 6000–4500 cal. a BP. In contrast to the increases of $T_{\text{an}}$, $T_{\text{an}}$ and $P_{\text{an}}$ during the early Holocene, $P_{\text{smr}}$ remained stable between 11 500 and 9000 cal. a BP. $P_{\text{smr}}$ subsequently decreased during two phases dated to 8800–7700 cal. a BP and 6300–4500 cal. a BP.

Discussion

Given the importance of human activities in shaping modern European landscapes and vegetation, it is unlikely that all the taxa in all parts of Europe in modern pollen assemblages are systematically related to modern climate (Seppä and Bennett, 2003; Birks and Seppä, 2004). Hence quantitative reconstructions of climate variables using modern pollen–climate calibration sets should be interpreted cautiously because the datasets may contain an anthropogenic bias, distorting the climate signal (Howe and Webb, 1983). Critical evaluation of such reconstructions may thus be essential (Birks and Seppä, 2004), especially in regions such as the Mediterranean, where vegetation may have been altered due to agriculture, deforestation and man-made fires for millennia (Roberts, 1998; Colombaroli et al., 2008). We use here two independent lines of evidence for evaluating the pollen-inferred climate reconstruction: indirectly, using numerical criteria as outlined by Birks (1990, 1998), and directly, by using independent palaeoenvironmental data.
Evaluation of the reconstruction

Few samples of Lago dell’Accesa fall outside the modern environmental space covered by the training set (Fig. 4(A)). This confirms that all fossil samples have ‘close modern analogues’ in the modern training set. Closest modern analogues in the calibration set (min.–max. $\chi^2$ distance: 25–37) were well below the $\chi^2$ distance of 50 used as a cut-off level to identify samples with no ‘good’ analogue in the calibration dataset. One possible reason for the relative similarity of modern and fossil pollen assemblages may be the large gradient covered by the training set, which spans from subalpine vegetation in the Alps to the evergreen, partly sclerophyllous Mediterranean vegetation in southern Italy. The climatic space covered by the modern training set is larger than the one covered by the fossil samples (Fig. 4(A)). As a result, pollen assemblages in the modern training set are very dissimilar among each other and the cut-off level to identify samples with no ‘good’ analogues as defined here is therefore high. A factor certainly influencing the dissimilarity is very likely the absence (or low abundance) of pollen types produced by exotic plants (e.g. Eucalyptus) or by cultivated plants (e.g. Cerealia-type, Secale, Castanea, Juglans) in the fossil pollen assemblages. In addition, we cannot a priori exclude that the unique climate conditions during the early Holocene, when insolation was high in summer and low in winter (COHMAP Members, 1988; Berger and Loutre, 1991), may have created environmental conditions for plant communities that lack modern analogues (Jackson and Overpeck, 2000). For instance, high summer and low winter insolation during the early Holocene may have substantially influenced vegetation composition and dynamics in Europe (Huntley, 1993; Finsinger et al., 2006).

The pollen record of Lago dell’Accesa suggests open natural habitats during the period between 11 500 and 10 000 cal. a BP (Fig. 2). Pre-Neolithic human impact on vegetation was very likely negligible if compared to the extent of human activities during the Neolithic or at the present day (Roberts, 1998). Nevertheless, early Holocene pollen assemblages have substantially shorter distances to their closest modern analogues than the pollen assemblages deposited after 8000 cal. a BP, which may suggest that the early Holocene landscape was possibly similar to the present-day landscape in the vicinities of the closest modern analogues. This is striking because it indicates that among the fossil pollen assemblages those resembling the modern assemblages most closely were deposited when human activities were negligible. A reason for this might be that, at Lago dell’Accesa, early Holocene landscapes were more open than during the mid Holocene: pollen of Poaceae, Rumex and Plantago lanceolata were more abundant during the early Holocene than after 10 000 cal. a BP (Fig. 2). High abundance of Pinus and summergreen Quercus pollen suggest a pine and summergreen Quercus (probably Q. pubescens; Drescher-Schneider et al., 2007) dominated woodland. While the main cause for modern open landscapes is unambiguously identified with human activities (e.g. Verburg et al., 2008), natural high fire frequencies and dry climate conditions during the early Holocene may have contributed to keep the landscape open in southern Europe (Finsinger et al., 2006; Vannière et al., 2008).

The relatively higher dissimilarity coefficients of mid-Holocene pollen assemblages suggest that land use activities during the Neolithic possibly lack such close analogues in our modern pollen assemblages as the early Holocene assemblages. High-resolution charcoal and pollen records from Tuscany, Sicily and Croatia (Colombaroli et al., 2009) indicate that charcoal-inferred fire activity was high when Q. ilex abundance was low (at Lago dell’Accesa
between 7700 and 6000 cal. a BP) and vice versa. This suggests that higher fire incidence affected the forest composition, converting broadleaf evergreen forests to open landscapes with patches of summergreen Quercus forests and shrubby Ericaceae communities (Colombaroli et al., 2009). The pollen record at Lago dell’Accesa undoubtedly shows that agricultural activities started at the latest by 7300 cal. a BP (first record of Secale and Cerealia-type pollen; Fig. 2), which is in agreement with the onset of the Neolithic period in this region (dated to ca. 8000 cal. a BP; see Malone, 2003). Thus it is likely that at least some forest fires were set by Neolithic farmers. However, according to pollen of crops and weeds, human impact on vegetation remained irregular and/or relatively low until 4500 cal. a BP, when most anthropogenic indicators began to be recorded as continuous curves and reached higher values than before (Drescher-Schneider et al., 2007; Magny et al., 2007a; Colombaroli et al., 2008). Based on the dissimilarity coefficients between fossil and modern pollen assemblages (Fig. 4(B)), we may infer that human activities during the Neolithic had a weaker influence on landscape openness than natural factors prior to ca. 10 000 cal. a BP. In fact, in our training set the presence of Ericaceae pollen in modern assemblages is very rare and Poaceae pollen is abundant across the entire climate gradient (Finsinger et al., 2007), suggesting that such extensive shrubby Ericaceous communities as can be inferred from the pollen record of Lago dell’Accesa during the Neolithic are not common in modern landscapes. Nevertheless, several Ericaceae shrubs (e.g. Erica arborea) are at present abundant in the summer-dry lowland landscapes in the Mediterranean, so that human impact might possibly be confused with summer-dry conditions and vice versa.

Most samples show a ‘very poor’ fit with environmental variables if added passively into a CCA with one variable at the time as the only predictor (percentage of samples with ‘very poor’ goodness-of-fit for individual climatic variables: $P_{\text{smr}}$ 87.3%; $T_{\text{Jul}}$ 80.9%; $T_{\text{Jan}}$ 85.7%; $P_{\text{win}}$ 79.4%). We interpret this as an indication that changes in the fossil dataset are not related to changes of one climatic variable alone. In fact, taxonomic composition and relative abundances of biotic communities are often influenced by a complex combination and interaction of several environmental variables, which may be correlated with each other. The reduction of such complex interactions to a single (or few) environmental variable(s) from changes in fossil assemblage compositions involves considerable simplification (Birks, 2004). At present, several climatic variables are closely correlated spatially on the Italian Peninsula ($T_{\text{sm}}$, $T_{\text{an}}$ and $P_{\text{an}}$; Fig. 4) and can possibly not be used independently (Finsinger et al., 2006). Maxima in $T_{\text{sm}}$ and minima in $P_{\text{an}}$ coincide with phases of maximal abundance of Q. ilex (Fig. 3), which has a present-day distribution centred in regions with hot/dry summers and wet/mild winters (Pignatti, 1997). In the Mediterranean, summergreen plants are at a disadvantage in comparison to evergreens because the period of physiological activity for the summergreen plants coincides with the most unfavourable season (summer) with regard to water availability (Givnish, 2002). In addition to $P_{\text{an}}$, minimum and maximum temperatures can also play a role if plants have a low tolerance to absolute or cumulative low temperatures (winter) or if gross primary production does not exceed (summer) respiration (Box and Fujiwara, 2005). Based on these considerations, we retained $T_{\text{an}}$ and $P_{\text{an}}$ as the ecologically most meaningful environmental variables for pollen-based climate reconstructions at Lago dell’Accesa.

**Validation with lake-level change records**
We use smoothed lake-level change records (Fig. 5(A, B) developed for Lago dell'Accesa (Magny et al., 2007a) as independent estimates for summer moisture availability against which to compare the smoothed pollen-based P_{smr} reconstruction (Fig. 5(C)). The two lake-level records were obtained (i) by summarising lake-level changes in multiple cores along a transect perpendicular to the lake shore (Lago dell'Accesa lake-level record; Fig. 5(A)) and (ii) using proxy evidence from two cores collected at the base of that transect (AC3/4; Fig. 5(B)). The lake-level and pollen records probably have different spatial resolutions. Surely the lake-level depends on precipitation in the hydrological catchment (∼5 km²). By contrast, as suggested by empirical and simulation studies, for a medium-size lake such as Lago dell'Accesa (surface area ∼16 ha), the relevant pollen source area may be within a radius of a few kilometres at most (Sugita, 1994; Sugita et al., 1999), whereas the total pollen source area may be regional (i.e. <10–50 km²; Jacobson and Bradshaw, 1981). However, the lake is located in a homogeneous hilly landscape without particular changes in topography or climatic conditions over a distance of ∼20 km. It is thus likely that vegetation changes were homogeneous in that area for reasons other than human activities. Thus we expect that the two records yield a coherent pattern of changes in summer hydrological conditions.

Reconstructed lake levels were lower than today during the period 11 500–4500 cal. a BP at Lago dell'Accesa (Fig. 5(A)). This suggests that moisture availability was considerably lower than today, pointing to conditions substantially drier than today during the early and mid Holocene (Magny et al., 2007a). These drier conditions could explain the persistence of open parklands and high fire activity at Lago dell'Accesa during the early Holocene (Colombaroli et al., 2008; Vannière et al., 2008). In contrast, reconstructed mean pollen-inferred P_{smr} is not lower than today (Fig. 3(b)). However, since the reconstructed P_{smr} (with its prediction errors) is within the modern P_{smr} range (100 mm), there is no evidence to reject the reconstruction. In addition, such differences between lake-level and pollen-inferred precipitation reconstructions might be attributed to the lower resolution of the precipitation reconstructions as compared to those of temperature. Support for this view comes from numerous quantitative pollen-based climate reconstructions that have identified higher error margins for precipitation-related than for temperature-related parameters (e.g. Guiot et al., 1993; Finsinger et al., 2007). Finally, given the affinity of pollen signals deriving from summer-dry conditions and human impact (or early Holocene and modern pollen assemblages), it is conceivable that our transfer functions may overestimate the absolute amounts of precipitation during the period where human impact was negligible (i.e. before 7500 cal. a BP).

The Lago dell'Accesa lake-level record (Fig. 5(A)) and P_{smr} reconstruction (Fig. 5(C)) both indicate that, when limiting the view to the period prior to 4500 cal. a BP, summer moisture availability was at its highest during the early Holocene (11 500–9300 cal. a BP). Low lake levels and low P_{smr} are found between 8800 and 7700 cal. a BP. However, the Lago dell'Accesa lake-level record and P_{smr} reconstruction clearly diverge after 7000 cal. a BP, when P_{smr} shows a period of high values (7700–6200 cal. a BP), followed by a strong decrease after 6200 cal. a BP, while the lake-level record indicates a shorter lake-level maximum (7700–7000 cal. a BP), followed by a period with less extreme low lake levels.

We suggest that the duration of high and low lake-level events may explain the apparent discrepancy between the two records after 7000 cal. a BP. In fact, the P_{smr} maximum at 7700–6000 cal. a BP has a counterpart in the
AC3/4 record (Fig. 5(B)), which shows a long-lasting high lake level at 7700–6400 cal. a BP. Furthermore, the second $P_{smr}$ minimum broadly coincides with a period characterised by the domination of low lake-level conditions (6400–4400 cal. a BP) at the AC3/4 site (Magny et al., 2007a). This low stand, which allowed the accumulation of an increasing thickness of a peat layer in the AC3/4 site, was interrupted by five short-term high lake-level stands that were responsible for the deposition of lake marl in the more distal sites AC5 and/or AC6 (Fig. 1; Magny et al., 2007a). Thus the apparent discrepancy between the Lago dell'Accesa lake-level record and the $P_{smr}$ records may be reconciled assuming that the short-term wetter phases between 6400 and 4400 cal. a BP had too short a duration to affect the vegetation significantly. Our interpretation is in agreement with evidence showing that increased mortality of woody vegetation due to water stress can be rapid (<5 a) and can have a persistent effect on vegetation (Allen and Breshears, 1998). Strikingly, it seems that wet multi-decadal climate oscillations may increase plant susceptibility to drought-induced mortality by stimulating shifts in hydraulic architecture (e.g. increased leaf area and reduced growth of roots and sapwood), effectively predisposing plants to water stress (McDowell et al., 2008). Although we cannot be certain that this mechanism also applied to plants present at Lago dell'Accesa during the early to mid Holocene, it constitutes a hypothesis that deserves investigation.

The two records diverge in terms of timing and rapidity of changes. While the lake-level change curve indicates earlier onsets of abrupt and high-amplitude decreases, more gradual changes of $P_{smr}$ reaching minimal values were reconstructed by pollen data. The absence of a rapid $P_{smr}$ decrease is striking because drought-induced vegetation changes should be rapid and the lake-level change record undoubtedly points to a multi-century long dry period. Two possible mechanisms acting on the vegetation might explain the difference between the two reconstructions. On the one hand, the lake-level inferred decrease in summer moisture availability did possibly not cross an ecological threshold that could have induced a rapid vegetation shift from summergreen to evergreen broadleaf vegetation (Tzedakis et al., 2004). On the other hand, it is well known that vegetation is also influenced by factors other than summer drought such as late frost, winter temperature, and seasonality (Box and Fujiwara, 2005). It has been argued that low winter temperatures, caused by early Holocene minimum winter insolation in the Northern Hemisphere, were a limiting factor for the population and range expansions of evergreen broadleaf forests in central and northern Italy (Finsinger et al., 2006). The $T_{smr}$ record is consistent with a continent-wide pollen-based temperature reconstruction for Europe indicating a 2°C winter temperature increase between 11 000 and 6000 cal. a BP (Davis et al., 2003). Although the shorter lag (ca. 300 a) between the lake-level lowering and the $P_{smr}$ decrease at 6400 cal. a BP may also be caused by dating uncertainties in the two sediment cores (i.e. the AC05 centre lake core and the AC3/4 core on the lake shore; Fig. 1), it is consistent with the concept of a dynamic equilibrium (nonlinear responses with response lags) between vegetation and climate conditions due to intrinsic biological factors (Webb, 1986; Prentice et al., 1991).

The comparison between the pollen-based $P_{smr}$ reconstruction and the lake-level records at Lago dell'Accesa suggests that human activities prior to 4500 cal. a BP played an insignificant role for past vegetation–climate relationships because the $P_{smr}$ reconstruction does not contradict the independent low-frequency lake-level record. Hence, although human activities (e.g. deforestation, irrigation, cultivation, planting of new species) may be a confounding factor of pollen-based climate reconstructions (for discussions see Howe and Webb, 1983; Birks and
Seppä, 2004; Jacques et al., 2008), we can reject the hypothesis of a significant anthropogenic bias in the pollen-based climate reconstruction at Lago dell’Accesa for the early to mid Holocene. Our results may not be extendable to other early to mid-Holocene pollen records from southern Europe. In fact, it is conceivable that human activities were more intensive in other parts of the Mediterranean during the mid Holocene and that therefore the potential anthropogenic bias in pollen-based climate reconstructions may be stronger. This study also suggests the powerful help offered by a multi-proxy strategy for the interpretation of palaeoecological records in terms of past climate changes and for the evaluation of possible interferences of human impact on climate reconstruction.

**Conclusions**

The Lago dell’Accesa pollen record provides centennial-scale quantitative estimates of rainfall and temperature during the early to mid Holocene for central Italy. The smoothed pollen-based climate reconstructions indicate that $P_{sm}$ was highest during the early Holocene (11 500–9000 cal. a BP) and decreased between ca. 8800 and 7800 cal. a BP as well as between 6200 and 4500 cal. a BP. In contrast, $T_{Jan}$ gradually increased over the period 11 500–8000 cal. a BP and increased again at ca. 6000 cal. a BP. Pollen inference models reconstructed these changes because vegetation composition shifted from vegetation dominated by summergreen *Quercus* (abundant today in summer-moist regions) to landscape dominated by evergreen *Q. ilex* forests (abundant today in summer-dry regions). To test whether early to mid-Holocene vegetation changes at Lago dell’Accesa may have been influenced by human activities (agriculture, deforestation, forest fires) during the Neolithic (8000–4500 cal. a BP), pollen-based reconstructions of $P_{sm}$ were compared to independent lake-level records from the same lake. The validation suggests that although $P_{sm}$ decreases were more gradual than changes recorded by the lake-level record, pollen-based climate reconstructions are recording low-frequency (millennial-scale) changes of past climate, whereas lake-level records reflect high- (centennial-scale) and low-frequency changes in water availability in southern Europe. Our interpretation was made possible by the detailed lake-level change reconstruction that is based on the analysis of multiple cores. Although this procedure may be labour-intensive and needs a high number of $^{14}$C datings, it offers the possibility to detect, in combination with pollen records, both high- and low-frequency changes of summer moisture.

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Figure 1 Location of Lago dell’Accesa (left) and sketch map of the lake bathymetry (right) with coring locations (littoral cores AC1/2, AC3/4, AC5, AC6, AC7, and lacustrine core AC05). White lines: grid of high-resolution seismic profiles (modified from Vannie’re et al., 2008)
Figure 2 Pollen percentage diagram vs. age (cal. a BP) from Lago dell’Accesa (core AC05, selected taxa only, redrawn from Colombaroli et al., 2008b). Horizontal lines: statistically significant local pollen assemblage zone (LPAZ) boundaries (following Colombaroli et al., 2008b). Grey shaded areas: phases of Q. ilex dominance
Figure 3 Pollen-inferred climate reconstructions for Lago dell’Accesa: (a) July air temperature; (b) summer precipitation; (c) January air temperature; and (d) winter precipitation. Grey shaded areas: phases of Q. ilex dominance (see Fig. 2). Black lines: loess smoothed record; dashed lines: estimated standard errors of prediction (eSEP); empty circles: pollen-inferred climate estimates; black dots: modern climate data (vertical whiskers: standard deviation of modern climate variable; see Finsinger et al., 2007)
Figure 4. Indirect evaluation of pollen-inferred climate reconstruction at Lago dell'Accesa. (A) CCA analysis with selected environmental variables (arrows), all modern training set pollen assemblages (empty circles), and with the fossil pollen assemblages (black squares) added passively into the ordination. The first CCA axis separates sites with high $T_{Jul}$, $T_{Jan}$ and $P_{win}$ from sites in the Alpine region (lower $T_{Jul}$ and $T_{Jan}$) and is significantly stronger than the second axis ($\lambda_1 = 0.19$, $\lambda_2 = 0.09$). (B) Squared-chord distance (SCD) and chi-square distance ($\times 10$) from fossil samples to closest modern analogue in the training set plotted against age; LPAZs as in Figure 2.
Figure 5 Comparison of the pollen-inferred reconstructions (this study) with lake-level change records at Lago dell’Accesa (from Magny et al., 2007a). (A) Synthesis lake-level change record from cores AC 3/4, AC5, AC 6, and AC 7. (B) Lake-level change record of cores AC 3/4. (C) Pollen-inferred summer precipitation (Psmr). (D) Pollen-inferred January temperature (TJan). Black lines: loess smoothed records (span¼0.1, corresponding to a ca. 700 a smoothing window); empty circles: unsmoothed records.